



HOCKING HILLS ANIMAL CLINIC

PATIENT: _____



HOME CARE INSTRUCTIONS FOR POST-SURGERY SPAY (Females)

DIET: Anesthesia causes nausea. Allow your pet to eat small meals as soon as she regains an appetite.

SAFETY: Grogginess can persist for a day or more. Keep your pet away from all stairs, lofts, decks, and other high places. Assist her in and out of your vehicle if necessary.

ACTIVITY: Do not allow running or jumping for a minimum of 10 days. Keep your pet as quiet as possible. While outside, dogs should remain on a leash. Keep cats indoors for 10 days or until the incision is healed.

BATHING: Do not bathe before 10 days. Bathe only after any sutures/staples have been removed (if present).

INCISION: Inspect your pet's incision daily. If you see drainage, swelling, bleeding, or excessive redness please call for an appointment right away.

SUTURE or STAPLE REMOVAL:

Your pet **DOES** **have sutures/staples to be removed.** Please schedule a suture/staple removal appointment for 10 days post- surgery.

Your pet **DOES NOT** **have sutures/staples to be removed.**

ELIZABETHAN COLLAR or ZEN COLLAR: Your pet may try to lick, chew, or scratch her incision whether skin sutures/staples are present or not. It's essential that this activity be stopped. Otherwise, the incision may open up and result in an emergency. You may need an E-collar, Zen Collar, or other protective device to prevent trauma to incisions. Please let us know if you need one.

MEDICATION:

Pain medications have been prescribed **Start the pain medications:** _____

Antibiotics have been prescribed **Start the antibiotic:** _____

Give prescribed medications until gone. Even if no signs of pain or infection are evident.